

February

HINGHAM PLYMOUTH RIVER ELEMENTARY

2012

| <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> |
|---|--|---|---|--|
| <p><i>Best Buy in Town</i> Buy Lunch Tickets 10 Tickets – 27.50 20 Tickets – 55.00 + 1 FREE 50 tickets – 137.50 + 3 FREE (menu subject to change without notice)</p> | <p><i>Any questions or suggestions?</i> Contact Jackie Fiorentino Elementary Food Service Coordinator Phone: 781-804-4985 e-mail: jackief@hinghamschools.com</p> | <p>1 Early Release K-5 BAGEL & CREAM CHEESE or TUNA SALAD on w/g white With Yogurt & Cheese stick Choice of two: Celery & Carrot Sticks w/dip, Orange Smiles or Mixed Fruit</p> | <p>2 Cheesy Chicken and Rice With assorted veggies or TUNA SALAD on w/g white Choice of two: Choice of Fruits</p> | <p>3 PIZZA WEDGE Choice of: Pepperoni, cheese or Peppers & Onions or TUNA SALAD on w/g white Choice of two: Veggie Plate, Medley of Fruits</p> |
| <p>6 Go Pats!!! “SUPER BOWL SUNDAY” SPORTS NUGGETS with sweet potato puffs or BOLOGNA & CHEESE on w/g Choice of two: Seasoned Carrot Coins, Sliced Peaches or Fresh Apple <i>Sports Cookie</i></p> | <p>7 Year of the Dragon CHINESE NEW YEAR Sweet and Sour Chicken with Chinese Fried Rice Pineapple chunks And a Chinese Fortune Cookie Milk</p> | <p>8 <u>Pancakes</u> and Tartar Tots with yogurt and cheese stick or BOLOGNA & CHEESE ON w/w Choice of two: Veggie Plate w/dipping sauce, Cinnamon Applesauce or Fresh Fruit</p> | <p>9 Corny Thursday Mini corn dogs with corn on the cob or CHICKEN CAESAR SALAD With pita bread Choice of two: Caesar Salad Cup with dressing, Mixed Fruit or Fresh Apple <i>Baked choc chip cookie</i></p> | <p>10 PIZZA WEDGE Choice of: Pepperoni, cheese or Peppers & Onions or LUNCH MUNCHIES with Bologna & Cheese roll-Up Choice of two: Carrot Sticks w/ dipping sauce, Or Variety of Fruits</p> |
| <p>13 SNOWFLAKE WAFFLE Succulent low fat Sausage Links or LUNCH MUNCHIES with Ham & Cheese chunks Choice of two: Veggie Plate w/dip, wild blueberries or warm cinnamon apple slices</p> | <p>14 “VALENTINE” CHICKEN NUGGETS Savory Rice Pilaf, wheat roll Steamed Carrots or HAM & CHEESE on W/W Choice of two: Marinated Tom. & Cukes Pineapple Tidbits or Fresh fruit <i>Valentine Cookie</i></p> | <p>15 PASTA & MEATBALLS w/crushed tomato sauce and garlic French stick or HAM & CHEESE SUB Choice of two: Caesar Salad Cup w/dressing, Diced peaches or Fresh Fruit <i>JELL-O with & w/o topping</i></p> | <p>16 CHICKEN PATTY, on a w/w roll or HAM & CHEESE, on a w/w roll Baked French Fries Choice of two: Cucumber Pinwheels w/dressing, Pineapple chunks or Diced Pears <i>Baked Dessert</i></p> | <p>17 <u>French Bread</u> Pizza Choice of: Pepperoni, cheese or Peppers & Onions or HAM & CHEESE on W/W Choice of two: Celery Sticks w/dipping sauce Or Assorted Fruits</p> |
| <p>20 HAVE A</p> | <p>21 SAFE AND</p> | <p>22 HEALTHY</p> | <p>23 WINTER</p> | <p>24 RECESS !!!</p> |
| <p>27 SHAPE-UP-MONDAY CHICKEN NUGGETS Seasoned Noodles Steamed Green Beans or SLICED TURKEY on W/W Choice of two: Celery Sticks w/dipping sauce, Fresh Apple or sliced peaches</p> | <p>28 HAMBURGER OR CHEESEBURGER or SLICED TURKEY on w/g white Baked Fries Choice of two: Cucumber sticks w/dipping sauce, Mixed Fruit or sliced peaches</p> | <p>29 Pepperoni and Cheese stuffed pocket or Sliced Turkey on w/g white Choice of two: Celery and carrot stick w/dip, orange smiles or mixed fruit</p> | <p>EAT HEALTHY!</p> | <p>PLAY HARD!</p> |