

# January

## ELEMENTARY SCHOOLS

# 2009

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<p><i>WELCOME 2009 !!</i></p> <p><i>WELCOME 2009 !!</i></p>	<p><i>Any questions or suggestions?</i></p> <p>Contact Jackie Fiorentino Food Service Director Phone: 781-741-1500</p> <p>e-mail: jackief@hinghamschools.com</p>	<p><i>Best buy in town !</i></p> <p>10 Lunch tickets – 20.00 20 Lunch tickets – 40.00 + <i>1 free</i> 50 Lunch tickets – 100.00 + <i>3 free</i> 80 Lunch tickets – 160.00 + <i>5 free</i></p> <p><b>BUY LUNCH TICKETS</b> (menu subject to change without notice)</p>	<p><b><u>PARENTS &amp; STUDENTS</u></b></p> <p>The first Monday of each month, the School Lunch Staff wants to wish a Happy Birthday to every student who celebrates a birthday in that month.</p>	<p>We will offer a 'special' cookie for each child who goes thru the lunch line.</p>
<p><b>5</b></p> <p><b>CHICKEN NUGGETS</b> Seasoned Noodles, Dinner Roll <b>TUNA SALAD</b> on whole grain Choice of two: Steamed Green Beans, Sliced Peaches or Mixed Fruit <i>January Birthday Cookie</i></p>	<p><b>6</b></p> <p><b>CORN DOG DIPPERS</b> Choice of Dipping Sauce <b>TUNA SALAD</b> on wheat Choice of two: Baked seasoned fries, Sliced Pears or Fresh fruit</p>	<p><b>7</b> Early Release K - 8 <b>BAG LUNCH DAY</b> <b>SLICED TURKEY SUB</b> or <b>TUNA SALAD SUB</b> Celery &amp; Carrot sticks w/dip Macintosh Apple and Cookies</p>	<p><b>8</b></p> <p><b>BBQ PORK</b> on a roll <b>TUNA SALAD</b> on a roll Baked Potato Spudsters Choice of two: Cinnamon Applesauce, Diced Pears or Fresh Fruit <i> pudding Cup w/topping</i></p>	<p><b>9</b></p> <p><b>PIZZA WEDGE</b> hoice of pepCperoni, cheese or Peppers &amp; Onions <b>LUNCH MUNCHIES w/yogurt</b> Choice of two: Celery sticks w/dipping sauce Medley of Fruit</p>
<p><b>12</b></p> <p><b>CHICKEN SHOESTRINGS</b> Mashed Potatoes w/gravy, roll <b>SLICED TURKEY</b> on whole grain Choice of two: Steamed Kernel Corn, Pineapple tidbits or fresh fruit</p>	<p><b>13</b></p> <p><b>EGG N' PANCAKE</b> <b>SLICED TURKEY</b> on wheat Choice of Yogurt Choice of two: Veggie Plate w/dipping sauce Sliced Peaches or Green Apple juice <i>Jiggle Jell-O</i></p>	<p><b>14</b> <b>PASTA &amp; MEATBALLS</b> Tomato sauce, shredded mozzarella, Sliced French Bread <b>LUNCH MUNCHIES</b> w/cheesestix Choice of two: Caesar Salad Cup w/dressing, Orange Smiles or mixed fruit</p>	<p><b>15</b></p> <p><b>CHICKEN PATTY</b> on a roll <b>SLICED TURKEY</b> on a roll Tomato Soup with fish Choice of two: Celery sticks w/dipping sauce, Sliced Peaches or fresh fruit</p>	<p><b>16</b></p> <p><b>PIZZA WEDGE</b> Choice of pepperoni, cheese or Peppers &amp; Onions <b>SLICED TURKEY</b> on whole grain Choice of two: Carrot Sticks w/dipping sauce or a Variety of Fruit</p>
<p><b>19</b></p> <p><b>MARTIN LUTHER KING DAY</b></p> <p><b>No School</b></p>	<p><b>20</b></p> <p><b>CHICKEN NUGGETS</b> Savory Rice Pilaf, dinner roll <b>BOLOGNA &amp; CHEESE</b> on wheat Choice of two: Steamed Mixed Vegetables, Fresh Fruit or Sliced Peaches</p>	<p><b>21</b></p> <p><b>BAKED MEATLOAF</b> Whipped potatoes, gravy, dinner roll <b>BOLOGNA &amp; CHEESE</b> on w/g Choice of two: Steaming Carrot Coins, Applesauce or Fresh fruit <i>Cake and Frosting</i></p>	<p><b>22</b></p> <p><b>BEEF RAVIOLI</b>, w/tomato sauce Toasted garlic bread stick <b>Lunch Munchies</b> w/a cheese stack Choice of two: Salad Greens w/dressing, Pineapple Tidbits or Fresh fruit</p>	<p><b>23</b></p> <p><b>TWISTED EDGE PIZZA</b> Choice of pepperoni, cheese or Peppers &amp; Onions <b>BOLOGNA &amp; CHEESE</b> on white Choice of two: Marinated Cucumbers, <b>Assorted Fruits</b></p>
<p><b>26</b></p> <p><b>POPCORN CHICKEN</b> Seasoned Noodles, dinner roll <b>HAM SANDWICH</b> on wheat Choice of two: Steamed Broccoli Spears, Sliced pears or Diced Peaches</p>	<p><b>27</b></p> <p><b>MEXICAN TACOS</b> Seasoned taco meat, shredded lettuce, diced tomatoes, shredded cheese &amp; corn <b>LUNCH MUNCHIES</b> w/ham slices Choice of two: Baked Corn Bread, Applesauce or Mixed Fruit</p>	<p><b>28</b></p> <p><b>TOASTED CHEESE SANDWICH</b> <b>HAM SANDWICH</b> on white Chicken Noodle Soup w/crackers Choice of two: Veggie Plate w/dipping sauce, Sliced Peaches or fresh fruit</p>	<p><b>29</b> <i>Super Bowl Weekend !!</i> <b>SPORTS NUGGETS</b>, dinner roll <b>HAM SANDWICH</b> on wheat Smiley Fries Choice of two: Marinated diced tomatoes &amp; cukes, Mixed Fruit or Sliced peaches <i>Sports Cookie</i></p>	<p><b>30</b></p> <p><b>PIZZA WEDGE</b> Choice of pepperoni, cheese or Peppers &amp; Onions <b>HAM SANDWICH</b> on white Choice of two: Carrot Sticks w/dipping sauce or a Variety of Fruit</p>
<p><b>SCHOOL LUNCH: Eat Wise, Be Wise !!</b></p>				