

January

HINGHAM HIGH SCHOOL

2010

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<p>Best Buy in Town Buy Lunch Tickets 10 Tickets – 30.00 20 Tickets – 60.00 + 1 FREE 50 tickets – 150.00 + 3 FREE 80 tickets – 240.00 + 5 FREE (menu subject to change without notice)</p>	<p><i>Any questions or suggestions?</i> Contact Lynn Petrowski Food Service Director Phone: 781-741-1500 x 2905 e-mail: lpetrowski@hinghamschools.com</p>	<p>BE SMART - EAT SCHOOL LUNCH!</p>		<p>1 WELCOME 2010 HAPPY NEW YEAR !!</p>
<p>4 CHICKEN PARMESAN Served over pasta Seasoned Green Beans Italian Bread Assorted Fresh Fruit Choice of Milk</p>	<p>5 BIG DADDY'S PIZZA With assorted toppings Caesar Salad w/low fat dressing Fresh Pears Choice of Milk</p>	<p>6 Early Release K-8 BREAKFAST BURRITO With egg, cheese and salsa sauce Hash Brown Potatoes Assorted Fresh Fruit Choice of Milk</p>	<p>7 BREADED MOZZARELLA STICKS W/MARINARA SAUCE Rotini Pasta Zucchini Squash Chilled Peaches Choice of Milk</p>	<p>8 ASIAN CHICKEN Fried Rice Mini Egg rolls Pineapple Tidbits Fortune Cookie Choice of Milk</p>
<p>11 BAKED CHICKEN NUGGETS Sweet Potato Fries Steamed Peas Multi Grain Roll Granny Smith Apple Choice of Milk</p>	<p>12 WHOLE GRAIN PIZZA STICKS With marinara sauce Pasta & Vegetable Salad Oatmeal Raisin Cookie Chilled Fruit Choice of Milk</p>	<p>13 SPAGHETTI & MEATBALLS With Parmesan Cheese Italian Blend Vegetables Garlic Bread Parmesan Orange Wedges Choice of Milk</p>	<p>14 STEAK & CHEESE GRINDER Sautéed Peppers & Onions Seasoned Potato Wedges Fruit Cocktail Choice of Milk</p>	<p>15 BIG DADDY'S PIZZA With Assorted Toppings Garden Salad with Low fat Dressing Assorted Fresh Fruit Choice of Milk</p>
<p>18 MARTIN LUTHER KING DAY School Closed</p>	<p>19 POPCORN CHICKEN Mashed Potatoes Corn Niblets Wheat Dinner Roll Pineapple Tidbits Choice of Milk</p>	<p>20 MEXICAN TACOS Seasoned Beef & Cheese Lettuce, Tomatoes, & Salsa Light Sour Cream Spanish Rice Assorted Fresh Fruit Choice of Milk</p>	<p>21 CHICKEN, BROCCOLI & ZITI CASSEROLE Garlic Breadstick Sliced Pears Choice of Milk</p>	<p>22 BIG DADDY'S PIZZA With Assorted Toppings Tossed Salad with Low fat Dressing Fruit Cup Choice of Milk</p>
<p>25 CHICKEN TERIYAKI DIPPERS Rice with Oriental Vegetables Wheat Dinner Roll Pineapple Chunks Fortune Cookie Choice of Milk</p>	<p>26 DOUBLE CHEESEBURGERS With Lettuce, Tomato, Pickles, & Onion Oven Baked Fries Fresh Grapes Choice of Milk</p>	<p>27 PENNE PASTA with SAUSAGE CACCITORE Italian Green Beans Toasted Garlic Bread Fresh Tangerine Choice of Milk</p>	<p>28 SCHOOL MADE CALZONES Baked Potato Puffs Chilled Fruit Choice of Milk</p>	<p>29 BIG DADDY'S PIZZA With Assorted Toppings Caesar Salad with Low fat Dressing Fruit Cocktail Choice of Milk</p>