

January

HINGHAM MIDDLE SCHOOL

2010

| <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> |
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| <p>Best Buy in Town Buy Lunch Tickets 10 Tickets – 27.50 20 Tickets – 55.00 + 1 FREE 50 tickets – 138.00 + 3 FREE 80 tickets – 220.00 + 5 FREE (menu subject to change without notice)</p> | <p><i>Any questions or suggestions?</i> Contact Lynn Petrowski Food Service Director Phone: 781-741-1500 x 2905 e-mail: lpetrowski@hinghamschools.com</p> | <p>BE SMART - EAT SCHOOL LUNCH!</p> | | <p>1 WELCOME 2010 HAPPY NEW YEAR !!</p> |
| <p>4 CHICKEN PATTY On a Wheat Roll Baked Potato Puffs Assorted Fresh Fruit Choice of Milk</p> | <p>5 BREADED MOZZARELLA STICKS W/MARINARA SAUCE Rotini Pasta Zucchini Squash Chilled Peaches Choice of Milk</p> | <p>6 Early Release K-8 NO LUNCH SERVED</p> | <p>7 MEXICAN TACOS Seasoned Beef & Cheese Lettuce, Tomatoes, & Salsa Light Sour Cream Spanish Rice Assorted Fresh Fruit Choice of Milk</p> | <p>8 FRENCH BREAD PIZZA With Assorted Toppings Caesar Salad with Low fat Dressing Pineapple Tidbits Choice of Milk</p> |
| <p>11 HOT DOG ON A ROLL Smile Fries Steamed Peas Granny Smith Apple Choice of Milk</p> | <p>12 WHOLE GRAIN PANCAKES With Syrup Baked Sausage Links Warm Cinnamon Apples 100% juice Cup Choice of Milk</p> | <p>13 SPAGHETTI & MEATBALLS With Parmesan Cheese Italian Blend Vegetables Garlic Bread Parmesan Orange Wedges Choice of Milk</p> | <p>14 CHICKEN FAJITA WRAP Soft Tortilla with Chicken, Lettuce, Tomato, Cheese & Salsa Seasoned Potato Wedges Fruit Cocktail Choice of Milk</p> | <p>15 STUFFED CRUST PIZZA With Assorted Toppings Garden Salad with Low fat Dressing Assorted Fresh Fruit Choice of Milk</p> |
| <p>18 MARTIN LUTHER KING DAY School Closed</p> | <p>19 CHICKEN NUGGETS Rice Pilaf Steamed Peas Wheat Dinner Roll Pineapple Tidbits Choice of Milk</p> | <p>20 STEAK & CHEESE GRINDER Onion Rings Fresh Tangerine Choice of Milk</p> | <p>21 CHICKEN, BROCCOLI & ZITI CASSEROLE Garlic Breadstick Sliced Pears Choice of Milk</p> | <p>22 GALAXY PIZZA With Assorted Toppings Tossed Salad with Low fat Dressing Fruit Cup Choice of Milk</p> |
| <p>25 HAMBURGER OR CHEESEBURGER ON A BUN Lettuce, Tomato, Pickles, Onion Oven Baked Fries Fresh Grapes Choice of Milk</p> | <p>26 WHOLE GRAIN PIZZA STICKS With Marinara Sauce Pasta & Vegetable Salad Oatmeal Raisin Cookie Chilled Fruit Choice of Milk</p> | <p>27 POPCORN CHICKEN Mashed Potato Corn Niblets Wheat Dinner Roll Chilled Fruit Choice of Milk</p> | <p>28 SCHOOL MADE CALZONES Seasoned Potato Wedges Chilled Fruit Choice of Milk</p> | <p>29 BAGEL PIZZA With Assorted Toppings Caesar Salad with Low fat Dressing Fruit Cocktail Choice of Milk</p> |