# 2018-2019 Athletic Department Important Dates

# HINGHAM HIGH SCHOOL ATHLETICS

**VALID PHYSICAL DATE Physicals are only valid for 13 months to the day.**

**USER FEE POLICY Each student will be required to pay a $325.00 user fee per year. Ice Hockey players will be required to pay an additional $100.00. Family Cap will be $625.00 unless the student plays ice hockey. This excludes Rowing and Dance.**

**REGISTER FOR A TEAM – NOT OPEN TILL August. An email will be sent indicating when registration is open. All team sign-ups will take place online. Go to your child’s portal on X2 and choose the following: My Info – Reports – High School Athletic Sign-ups. Then sign-up and click on Run**

**ACADEMIC ELIGIBILITY All student-athletes must be academically eligible. Two failures, incompletes or No Credits or any combination will prevent a student from being academically eligible to participate in sports.**

**2018 IMPORTANT DATES**

**JUNE 14TH Fall sports sign-ups in HHS Auditorium at 2:45**

**JUNE 14TH ImPact Concussion Screening for all Freshmen & Junior football players.**

**August 10th Deadline for submitting the following:**

1. **Updated Physical Forms**
2. **Registering online – this is different from payment.**
3. **User Fee (Checks should be dated Sept.7th, 2018 and made out to Hingham Public Schools)**
4. **Payment may also be made online using the Unipay system found under the Athletics page on the HHS main website**

**AUGUST 17th Football begins**

**AUGUST 24TH & 30TH Impact testing for all Freshman, New Students and Juniors 8:30-11:30**

**AUGUST 23rd Fall Sports may begin for all other fall sports except XC and Crew**

**AUGUST 27th Fall Sports Pre-season Workshop for all fall student-athletes and a parent at 7:00pm in the HHS Auditorium. This is mandatory.**

**AUGUST 29th Girls & Boys Cross-Country Begins.**

**November 26th Winter Sports Try-outs**

**MARCH 18th Spring Sports Try-outs**

**FALL SPORT WINTER SPORTS SPRING SPORTS**

**DANCE BASKETBALL\* BASEBALL\***

**CROSS COUNTRY DANCE SOFTBALL**

**FIELD HOCKEY\* GYMNASTICS LACROSSE\***

**FOOTBALL\* ICE HOCKEY TENNIS**

**SOCCER\* INDOOR TRACK TRACK & FIELD**

**VOLLEYBALL\* (GIRLS) WRESTLING GOLF (GIRLS)**

**GOLF (BOYS) SWIMMING CREW**

**CREW SKIING SAILING**

**\*Denotes program has a separate freshmen team**

**\*\*MANDATORY IMPACT TESTING FOR ALL FRESHMEN AND JUNIORS FALL ATHLETES**

**AT HHS IN ROOM 272\*\***

**AUGUST 22 8:30AM – 11:30AM**

**AUGUST 27 8:30AM – 11:30AM**